

SUNDAY MORNING HEALTH CORNER

March Is Multiple Myeloma Awareness Month

As Black History Month comes to a close, we encourage you to keep the momentum going! March is another very important month for African Americans—Multiple Myeloma Awareness Month!

What is multiple myeloma? Multiple myeloma (MM) is the most common form of blood cancer among African Americans. It's a type of cancer that affects the blood and bones. MM affects many races, but tends to be about twice as common among African Americans compared to white Americans.

The future can be hopeful! The good news is that some studies suggest that compared to white Americans, African Americans tend to have less aggressive forms of MM and may have a better prognosis. However, it's still important that African American patients seek the proper care.

Help spread the word. Educating others about MM and raising awareness about the disease is the first step in helping those affected. Together, we can get the word out and help improve the care of African Americans living with MM!

Search *Multiple Myeloma Community* on Facebook, and like our page.

Visit www.StandingInTheGaap.com to learn more.



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